

Middle School Lunch

Fresh Vegetable Choices and Seasonal Fruit are Offered
Daily
on the Fruit & Vegetable Bar



April
2025

FOOD4LIFE® APP • All the MENUS and more! • DOWNLOAD NOW

MONDAY

THURSDAY 3

ZMS Classics Toasted Cheese Sandwich,
Tomato Soup

Grab and Go PB&J Sack, Chef Salad

The Patch Fresh Fruit Bar, Variety of Veggies,
Choice of Milk

TUESDAY 1

FRIDAY 4

ZMS Classics Nashville Style Tenders, Tator Tots,
Texas Toast

Grab and Go PB&J Sack, Chef Salad

The Patch Fresh Fruit Bar, Variety of Veggies,
Choice of Milk

ZMS Classics Cheese Bosco Sticks,
Marinara Sauce

Pizzeria Choice of Pizza

Grab and Go PB&J Sack, Chef Salad

The Patch Fresh Fruit Bar, Variety of Veggies,
Choice of Milk

WEDNESDAY 2

EXTRA INFO

ZMS Classics Pasta w/ Hearty Meat Sauce,
Garlic Toast

Pizzeria Choice of Pizza

Grab and Go PB&J Sack, Chef Salad

The Patch Fresh Fruit Bar, Variety of Veggies,
Choice of Milk

Harvest of the Month



Milk choice of 1% Unflavored White, Skim or Fat Free
Chocolate.

Skim is included with lunch.

Entrée Salads are served with Dinner Roll.

For questions or comments, contact xxxxxx xxxxxxxxxxxx at 555-

Menus are subject to change without
notice. This institution is an equal
opportunity provider.

TAHER
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7
MONDAY

- ZMS Classics** Roasted Beef Hot Dog on a Bun, Tator Tots
- Pizzeria** Choice of Pizza
- Grab and Go** PB&J Sack, Chef Salad
- The Patch** Fresh Fruit Bar, Variety of Veggies, Choice of Milk

10
THURSDAY

- ZMS Classics** Beefy Nachos with Homemade Cheese Sauce, Spiced Pinto Beans
- Grab and Go** PB&J Sack, Chef Salad
- The Patch** Fresh Fruit Bar, Variety of Veggies, Choice of Milk

8
TUESDAY

- ZMS Classics** Salsa Chicken Bowl, Fritos
- Grab and Go** PB&J Sack, Chef Salad
- The Patch** Mixed Fruit, Fresh Banana, Choice of Milk

11
FRIDAY

- ZMS Classics** Chicken Parmesan Sandwich, Roasted Broccoli
- Pizzeria** Choice of Pizza
- Grab and Go** PB&J Sack, Chef Salad
- The Patch** Fresh Fruit Bar, Variety of Veggies, Choice of Milk

9
WEDNESDAY

- ZMS Classics** Hamburger Gravy, Garlic Mashed Potato
- Pizzeria** Choice of Pizza
- Grab and Go** PB&J Sack, Chef Salad
- The Patch** Fresh Fruit Bar, Variety of Veggies, Choice of Milk

EXTRA INFO

Harvest of the Month



Milk choice of 1% Unflavored White, Skim or Fat Free Chocolate.

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MONDAY

- ZMS Classics** Popcorn Chicken Bowl,
Dinner Roll
- Pizzeria** Choice of Pizza
- Grab and Go** PB&J Sack, Chef Salad
- The Patch** Fresh Fruit Bar, Variety of Veggies,
Choice of Milk

THURSDAY

15

TUESDAY

- ZMS Classics** Buffalo Chicken Dip, Tortilla
Chips
- Grab and Go** PB&J Sack, Chef Salad
- The Patch** Fresh Fruit Bar, Variety of Veggies,
Choice of Milk

FRIDAY

16

WEDNESDAY

- ZMS Classics** Crispy Chicken Nuggets, Mashed
Potatoes, Whole Grain Dinner Roll
- Pizzeria** Choice of Pizza
- Grab and Go** PB&J Sack, Chef Salad
- The Patch** Fresh Fruit Bar, Variety of Veggies,
Choice of Milk

EXTRA INFO

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MONDAY

24

THURSDAY

ZMS Classics Pasta w/ Hearty Meat Sauce,
Garlic Toast

Grab and Go PB&J Sack, Chef Salad

The Patch Fresh Fruit Bar, Variety of Veggies,
Choice of Milk

TUESDAY

25

FRIDAY

ZMS Classics Chicken Bacon Ranch Melt, Kettle
Potato Chips

Pizzeria Choice of Pizza

Grab and Go PB&J Sack, Chef Salad

The Patch Fresh Fruit Bar, Variety of Veggies,
Choice of Milk

23
WEDNESDAY

ZMS Classics Turkey BLT Flatbread, Harvest
Cheddar Sunchip

Pizzeria Choice of Pizza

Grab and Go PB&J GSack, Chef Salad

The Patch Fresh Fruit Bar, Variety of Veggies,
Choice of Milk

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- ZMS Classics** Bacon Cheeseburger on a Bun,
Lettuce and Tomato, Baked Beans,
Vegetarian
- Pizzeria** Choice of Pizza
- Grab and Go** PB&J Sack, Chef Salad
- The Patch** Fresh Fruit Bar, Variety of Veggies,
Choice of Milk

THURSDAY

29

TUESDAY

- ZMS Classics** Creamy Macaroni & Cheese,
Dinner Roll
- Grab and Go** PB&J Sack, Chef Salad
- The Patch** Fresh Fruit Bar, Variety of Veggies,
Choice of Milk

FRIDAY

30

WEDNESDAY

- ZMS Classics** Totchos, Spiced Pinto Beans
- Pizzeria** Choice of Pizza
- Grab and Go** PB&J Sack, Chef Salad
- The Patch** Fresh Fruit Bar, Variety of Veggies,
Choice of Milk

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